



SCHOOL DISTRICT 46 SUNSHINE COAST

StrongStart Communicable Disease Prevention Plan October 2021

“StrongStart BC programs provide rich learning environments designed for early learning development – language, physical, cognitive, social and emotional. Qualified early childhood educators lead learning activities where children find opportunities to make friends and interact with others of similar ages.” – BC Ministry of Education

As of October 1st, School District 46 StrongStart Programs will be open for families to attend. At this time, pre-registration will not be required. The following communicable disease prevention plans will be in place:

Daily Health Assessment

- Staff, parents and caregivers will assess themselves & their children daily for illness before attending the program.
- Anyone who feels unwell should stay home, and access the self-assessment tool to determine if they should be tested for COVID-19 <https://bc.thrive.health/covid19/en>.
- If a participant develops symptoms of illness while at school they will leave the program.

Use of Space

- StrongStart will be held outside as much as possible. Participants will be asked to dress for the weather.
- The number of participants inside will be limited in order to maintain physical distancing.
- Strategies such as visual signage and verbal reminders will be in place to encourage staff and participants to consider and respect others personal space. Personal space is the distance from which a person feels comfortable being next to another person.
- Available space will be used to spread people out.
- Windows and doors will be open as much as possible.

Participants/Visitors

- Participants and staff must complete a daily health check prior to entering the school and then sign-in upon arrival.
- All visitors must wear a non-medical mask when they are inside the school.
- Staff will keep the sign in/sign out procedure for all visitors and itinerant staff and keep records for the past 45 days
- Participants must limit their access to those areas for the purpose of the visit.
- Participants must practice diligent hand and respiratory hygiene.

Masks

- Adults will wear masks inside. Extra masks will be available, as required.

Snack

- Snack will be served daily.
- The staff will disinfect tables before snack is served.
- Participants will wash their hands before and after snack is served.
- Pre-packaged snack will be served. Masks can be removed while eating & drinking and put back on immediately following.
- The dishwasher will be used to clean dishes & cutlery.

Cleaning

- General cleaning and frequently touched surfaces will occur once in a 24-hour period.
- Frequently used toys and materials will be cleaned daily.
- Staff can wipe down high touch-point surfaces more often.
- Participants and staff will wash their hands frequently, especially before and after handling materials & equipment that can not be washed.
- Hand cleaning facilities are available and accessible throughout the school

Resources:

- Resources for completing a Daily Health Check can be found here:
- <https://www2.gov.bc.ca/assets/gov/education/kindergarten-to-grade-12/covid/daily-health-check-english.pdf>
- <https://www.k12dailycheck.gov.bc.ca/healthcheck?execution=e1s1>
- BC Self-Assessment Tool. <https://bc.thrive.health/covid19/en>
- More information on COVID-19 can be found on the BC Centre for Disease Control website <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/>

DAILY HEALTH CHECK

KEY SYMPTOMS OF ILLNESS	WHAT TO DO
Fever (above 38°C)	If yes to 1 or more of these symptoms: Stay home. Contact a health care provider or call 8-1-1 about your symptoms and next steps.
Chills	
Cough	
Difficulty breathing	
Loss of sense of smell or taste	
OTHER SYMPTOMS	WHAT TO DO
Sore throat	If yes to 1 symptom: Stay home until you feel better.
Loss of appetite	
Headache	If yes to 2 or more of these symptoms: Stay home for 24 hours. If symptoms don't get better or get worse, contact a health care provider or call 8-1-1 about your symptoms and next steps.
Body aches	
Extreme fatigue or tiredness	
Nausea or vomiting	
Diarrhea	
INTERNATIONAL TRAVEL:	WHAT TO DO
Have you returned from travel outside Canada in the last 14 days?	If yes: Fully vaccinated students, staff and other adults who have travelled outside of Canada may qualify for the fully vaccinated traveller exemption . Students, staff and other adults who are not fully vaccinated and have travelled outside of Canada CANNOT attend school for 14 days after arrival , as part of federal requirements .
CLOSE CONTACT	WHAT TO DO
Have you been notified by public health that you are a close contact of a person confirmed to have COVID-19?	If yes: Follow the instructions provided by Public Health.

You can also check your symptoms with the [K-12 Health Check](#) or the [BC Self-Assessment Tool](#).

Call 8-1-1 with any questions about symptoms of illness. If you have severe symptoms, like difficulty breathing (struggling to breathe or you can only speak single words) or chest pain, call 9-1-1 or go to the nearest Emergency Department.

Visit the [BC Centre for Disease Control website](#) for more information on COVID-19.